

Dino Opener: Warriors on Track

The Calgary Warriors Track Team dominated most of the sprints and/or hurdle events in the Dino Opener on December 14 in the bantam (12-13) and midget (14-15) age categories.

This was a great opener for our athletes, hinting at many more great things to come.

Going through some of the results, from young to old:

Lisa Cozma (12): 1st in both the 60m and 150m.
Both her 8.50 in the 60m and 21.14 in the 150m were new club records.

Catherine Carruthers (13): 1st in both the 60m and 150m.
60m in 8.31, 150m in 20.25, both new club records.

Alexandra Carruthers (13): 2nd in both the 60m and 150m (8.35 and 20.31).

Katherine Smith (14): 1st in 200m in 27.48

Kai Spierenburg (14): 1st in 60m and 200m, 3rd in 60m hurdles. 7.55, 24.42 and 9.09 respectively, all new club records.

Daniel van der Merwe (14): 2nd in 800m (2:16.74).

Katelyn Slessor (15): 2nd in 60m, 4th in 200m, 1st in 60m hurdles in a new provincial record time of 8.99.

Rachel Mathieson (15): 5th in 60m, 3rd in 200m.

Katie Yackel (15): 1st in 60m hurdles youth (9.37), PB in long jump with 4.98m (second 15 year old).

Kalena MacKinnon (15): 5.01m in long jump (first 15 year old). This would have been a club record if the pit had been legal... Unfortunately the sand in the pit at the oval is about 20cm lower than the running surface.

Morgan Kravtsov (15): 2nd in 60m youth hurdles, PB in long jump (4.86m).

Charlotte Terek (17): a great debut with a time of 27.33 in the 200m.

Almost everyone set indoor Personal Bests in one or more events:

Lisa Cozma, Marissa Kerr, Gillian Dennehy, Ali and Catherine Carruthers, Jade Adams, Ally Tomaz, Katherine Smith, Katie Yackel, Katelyn Slessor, Liv Price, Briar and Chloe Neslon, Rachel Mathieson, Kalena MacKinnon, Morgan Kravtsov, Rochelle Jorgensen, Charlotte Terek, Petra Richards, Quinn van Roessel, Daniel van der Merwe, Kai Spierenburg, Robert Germsheid, Lyndon Fisher, Eric Evans, Colton Schroeder and Jake Holder.

Relays.

Our Bantam 4x200 relay team placed f1rst. Lisa, Jade, Ali and Catherine.

Our Midget Girls A team (Rachel, Katelyn, Katie and Katherine) and Midget Boys team (Quinn, Eric, Lyndon and Kai) both finished in first place, the Midget girls B team (Liv, Ally, Morgan and Kalena) placed second.

The Open Women team (three youth and one junior girl: Madison Evans, Rochelle, Petra and Charlotte,) finished in second place.

Great job, everyone!

Congratulations to all!

Jan Lips
Head Coach