

Calgary Warriors Outdoor Club Records Girls/Women

As of: 12-Aug-2018

	Record	Wind	Athlete	YoB	Meet	Location	Date	Specs
Pee Wee - 11 and under								
Long Jump	3.28m	NA	Julie Tom	89	New Balance Athletic Series #1	Calgary, AB	24-May-1998	
Shot Put	5.99m		Harriet Stanley	91	Rocky Mountain Relays	Lethbridge, AB	1-Jun-2002	2kg
			NA = Information Not Available					
			# = converted hand time					
Bantam - 12 and under								
600m	1:54.23		Allison Remington	02	CALTAF Track Classic	Calgary, AB	13-Jun-2014	
800m	2:41.45		Allison Remington	02	New Balance Athletic Series #1	Calgary, AB	25-May-2014	
1200m	4:38.96		Allison Remington	02	Calgary Spring Challenge & CE	Calgary, AB	10-May-2014	
Long Jump	3.92m	NWI	Logan Reynolds	88	Alberta Outdoor Championships	Edmonton, AB	8-Jul-2000	
	3.92m	NA	Paige Ridout	93	Alberta Outdoor Championships	Calgary, AB	25-Jun-2005	
Shot Put	6.83m		Logan Reynolds	88	Alberta Outdoor Championships	Edmonton, AB	8-Jul-2000	3kg
		NWI	= No Wind Indicated					
Bantam - 13 and under								
80m	11.12	0.0	Natalie McDougall	97	Alberta Outdoor Championships	St. Albert, AB	26-Jun-2010	
150m	20.59	NWI	Natalie McDougall	97	Alberta Outdoor Championships	St. Albert, AB	26-Jun-2010	
600m	1:46.72		Evonne Henning	04	CALTAF Track Classic	Calgary, AB	18-Jun-2017	
800m	2:21.84		Jennifer Paul	94	Jack Brow Memorial	Kelowna, BC	29-Jun-2007	
1200m	4:06.02		Evonne Henning	04	Leduc Track Meet	Leduc, AB	10-Jun-2017	
80m Hurdles	13.09	NA	Andrea Sputeck	80	AB Summer Games Trials	Calgary, AB	13-Jun-1993	.76m
200m Hurdles	35.74	-5.0	Katelyn Yackel	98	Calgary Spring Challenge & CE	Calgary, AB	14-May-2011	.76m
High Jump	1.44m		Whitney Evans	80	Bantam Provincial Championships	Red Deer, AB	nn-Jul-1993	
Long Jump	4.23m	NWI	Logan Reynolds	88	Alberta Outdoor Championships	Edmonton, AB	7-Jul-2001	
Triple Jump	8.50m	0.0	Logan Reynolds	88	New Balance Athletic Series #2	Calgary, AB	26-May-2001	
Shot Put	8.33m		Logan Reynolds	88	Rocky Mountain Relays	Lethbridge, AB	2-Jun-2001	3kg
Discus Throw	22.63m		Lisa Cozma	01	New Balance Athletic Series #2	Calgary, AB	31-May-2014	1kg
Javelin Throw	22.72m		Mimi Gbobaniyi	03	Sherwood Park Track Classic	Edmonton, AB	7-Mar-2016	400g
Turbo Javelin	19.34m		Evonne Henning	04	Calgary Spring Challenge & CE	Calgary, AB	13-May-2017	400g
Ball Throw	30.94m		Jennifer Paul	94	Alberta Outdoor Championships	Edmonton, AB	23-Jun-2007	ball
Midget - 14 and under								
100m	12.76	-1.3	Alexandra Carruthers	00	Canadian Youth Championships	Langley, BC	15-Aug-2014	
100m	12.76	NA	Kelly Smith	79	Alberta Outdoor Championships	Calgary, AB	17-Jul-1993	
150m	20.22	-2.6	Alexandra Carruthers	00	Airdrie Twilight	Airdrie, AB	2-Jul-2014	
200m	25.86	0.6	Alexandra Carruthers	00	Canadian Youth Championships	Langley, BC	15-Aug-2014	
300m	43.47		Katie Yackel	98	New Balance Athletic Series #5	Calgary, AB	4-Jul-2012	
400m	60.24		Amy Barnett	81	Jack Brow Memorial	Kelowna, BC	30-Jun-1995	
800m	2:18.41		Evonne Henning	04	Jack Brow Memorial	Kelowna, BC	30-Jun-2018	
1200m	3:47.98		Evonne Henning	04	Calgary Spring Challenge & CE	Calgary, AB	13-May-2018	
2000m	6:54.81		Evonne Henning	04	New Balance Athletic Series #3	Calgary, AB	10-Jun-2018	
80m Hurdles	12.41	-1.4	Catherine Carruthers	00	Canadian Youth Championships	Langley, BC	15-Aug-2014	.76m
200m Hurdles	29.74	-0.5	Katie Yackel	98	SAC/Alberta Outdoor Championships	St. Albert, AB	23-Jun-2012	.76m
300m Hurdles	48.67		Whitney Evans	80	Alberta Outdoor Championships	Calgary, AB	nn-Jul-1994	.76m
High Jump	1.59m		Whitney Evans	80	Alberta Outdoor Championships	Calgary, AB	nn-Jul-1994	
Long Jump	5.10m	1.3	Verona Valero	03	Jack Brow Memorial	Kelowna, BC	1-Jul-2017	
Triple Jump	10.48m	-0.1	Katie Yackel	98	Western Canadian Championships	Medicine Hat, AB	14-Jul-2012	
Shot Put	9.77m		Verona Valero	03	Canadian Youth/Midget Championships	Brandon, MB	13-Aug-2017	3kg
Discus Throw	22.63m		Lisa Cozma	01	New Balance Athletic Series #2	Calgary, AB	31-May-2014	1kg
Javelin Throw	29.16m		Evonne Henning	04	Jack Brow Memorial	Kelowna, BC	30-Jun-2018	500g
Pentathlon	2900 pts*		Verona Valero	03	Canadian Youth/Midget Championships	Brandon, MB	13-Aug-2017	.76m, 3kg
	12.72 (0.4), 1.41, 9.77, 4.86 (1.5), 2:36.58							
Midget - 15 and under								
100m	12.56	1.6	Alexandra Carruthers	00	New Balance Athletic Series #1	Calgary, AB	24-May-2015	
150m	20.22	-2.6	Alexandra Carruthers	00	Airdrie Twilight	Airdrie, AB	2-Jul-2014	
200m	25.86	0.6	Alexandra Carruthers	00	Canadian Youth Championships	Langley, BC	15-Aug-2014	
300m	41.08		Katherine Smith	99	CALTAF Track Classic	Calgary, AB	13-Jun-2014	
400m	59.27		Mallory Hughes	86	Provincial Outdoor Championships	Edmonton, AB	7-Jul-2001	
800m	2:18.41		Evonne Henning	04	Jack Brow Memorial	Kelowna, BC	30-Jun-2018	
1200m	3:38.39		Erika Cunniam	03	Canadian Youth T&F Championships	Brandon, MB	10-Aug-2018	
2000m	6:19.37		Erika Cunniam	03	Canadian Youth T&F Championships	Brandon, MB	10-Aug-2018	

3000m	11:04.48		Erika Cunniam	03	Indo Canadian Athletic T&F Meet	Calgary, AB	22-Jul-2018	
80m Hurdles	11.61*	2.0	Katelyn Slessor	98	Western Canada Championships	Calgary, AB	26-Jul-2013	.76m
200m Hurdles	28.23*	0.5	Katie Yackel	98	CALTAF Track Classic	Calgary, AB	14-Jun-2013	.76m
300m Hurdles	46.37		Heather Buxton	79	Alberta Outdoor Championships	Calgary, AB	July nn, 1994	.76m
1500m Steeple	5:46.00		Maiã Heppel	03	Jack Brow Memorial	Kelowna, BC	29-Jun-2018	
High Jump	1.68m		Whitney Evans	80	Alberta Outdoor Championships	Calgary, AB	nn-Jul-1995	
Long Jump	5.27m	-0.7	Verona Valero	03	Western Canada Tri=Province	Sherwood Park, AB	29-Jul-2018	
Triple Jump	10.60m	0.8	Elisabeth Vathje	94	Rocky Mountain Relays	Medicine Hat, AB	30-May-2009	
Shot Put	10.66m		Ashley Ashman	90	Rocky Mountain Relays	Lethbridge, AB	11-Jun-2005	3kg
Discus Throw	26.18m		Sara Paul	92	CALTAF Track Classic	Calgary, AB	15-Jun-2007	750g
Javelin Throw	31.99m		Sara Paul	92	Rocky Mountain Relays	Lethbridge, AB	26-May-2007	500g
Pentathlon	2900 pts*		Verona Valero	03	Canadian Youth/Midget Championships	Brandon, MB	13-Aug-2017	.76m, 3kg
	12.72 (0.4), 1.41, 9.77, 4.86 (1.5), 2:36.58							

Youth - 16 and under

100m	12.56	1.6	Alexandra Carruthers	00	New Balance Athletic Series #1	Calgary, AB	24-May-2015	
150m	19.14	0.2	Alexandra Carruthers	00	New Balance Athletic Series #2	Calgary, AB		
200m	25.54	1.1	Katelyn Slessor	98	Sherwood Park Track Classic	Sherwood Park, AB	12-Jul-2014	
400m	58.04		Gina Barnett	84	CALTAF Track Classic	Calgary, AB	17-Jun-2000	
800m	2:18.41		Evonne Henning	04	Jack Brow Memorial	Kelowna, BC	30-Jun-2018	
1500m	4:57.44		Jean Bolen	91	Jack Brow Memorial	Kelowna, BC	29-Jun-2007	
3000m	11:04.48		Erika Cunniam	03	Indo Canadian Athletic T&F Meet	Calgary, AB	22-Jul-2018	
100m Hurdles	13.92*	1.6	Katelyn Slessor	98	Calgary Spring Challenge & CE	Calgary, AB	10-May-2014	.76m
300m Hurdles	44.34		Madison Evans	96	Canadian Youth Championships	Charlottetown, PE	17-Aug-2012	.76m
400m Hurdles	64.50		Kayti Simonson	89	National Legion Championships	Edmonton, AB	7-Aug-2005	.76m
High Jump	1.75m		Whitney Evans	80	ASAA Provincial Championships	Edmonton, AB	6-Jun-1996	
Pole Vault	2.80m		Morgan Kravtsov	98	CALTAF Track Classic	Calgary, AB	13-Jun-2014	
Long Jump	5.34m	1.6	Rachel Machin	92	Alberta/NWT Legion Camp	Calgary, AB	8-Jul-2008	
Triple Jump	11.46m	1.9	Katie Yackel	98	Canadian Youth Championships	Langley, BC	15-Aug-2014	
Shot Put	10.66m		Ashley Ashman	90	Rocky Mountain Relays	Lethbridge, AB	11-Jun-2005	3kg
Javelin Throw	31.99m		Sara Paul	92	Rocky Mountain Relays	Lethbridge, AB	26-May-2007	500g
Heptathlon	4301 pts		Rachel Machin	92	Calgary Spring Challenge & CE	Calgary, AB	17-May-2008	
	15.09 (2.0), 1.67, 8.35, 27.61 (1.1), 5.18 (1.1), 25.54, 2.40.44							

Youth - 17 and under

100m	12.56	1.6	Alexandra Carruthers	00	New Balance Athletic Series #1	Calgary, AB	24-May-2015	
100m	12.56	NA	Leanne Halligey	79	Track City Classic	Eugene, OR	nn-Jul-1996	
150m	19.14	0.2	Alexandra Carruthers	00	New Balance Athletic Series #2	Calgary, AB	28-May-2017	
200m	25.35	1.6	Madison Evans	96	ASAA Provincial Championships	Calgary, AB	7-Jun-2013	
400m	57.73		Kayti Simonson	89	Alberta/NWT Legion Camp	Calgary, AB	16-Jul-2006	
800m	2:15.89		Maria Bernard	93	New Balance Athletic Series #3	Calgary, AB	15-Jul-2010	
1500m	4:42.15		Maria Bernard	93	Western Canada Championships	Winnipeg, MB	24-Jul-2010	
3000m	10:09.83		Maria Bernard	95	Pacific Invitational	Langley, BC	19-Jun-2010	
100m Hurdles	13.92*	1.6	Katelyn Slessor	98	Calgary Spring Challenge & CE	Calgary, AB	10-May-2014	.76m
300m Hurdles	44.34		Madison Evans	96	Canadian Youth Championships	Charlottetown, PE	17-Aug-2012	.76m
400m Hurdles	63.96		Kayti Simonson	89	Alberta Legion Camp	Calgary, AB	18-Jul-2006	.76m
High Jump	1.85m		Whitney Evans	80	Canada Summer Games	Brandon, MB	16-Aug-1997	
Pole Vault	2.80m		Morgan Kravtsov	98	CALTAF Track Classic	Calgary, AB	13-Jun-2014	
Long Jump	5.73m	1.4	Madison Mayr	01	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	
Triple Jump	11.66m	NA	Whitney Evans	80	ASAA Provincial Championships	Edmonton, AB	14-Jun-1997	
Shot Put	11.80m		Alexandra Carruthers	00	Calgary Spring Challenge & CE	Calgary, AB	13-May-2017	3kg
Javelin Throw	31.99m		Sara Paul	92	Rocky Mountain Relays	Lethbridge, AB	26-May-2007	500g
Heptathlon	4307		Whitney Evans	80	Spring CE Meet	Calgary, AB	17-May-1997	hept

Junior - 18 and under

100m	12.27	1.8	Zophie Kindrachuk	98	Calgary Spring Challenge & CE	Calgary, AB	15-May-2016	
200m	25.35	1.6	Madison Evans	96	ASAA Provincial Championships	Calgary, AB	7-Jun-2013	
400m	57.07		Charlotte Terek	96	CALTAF Track Classic	Calgary, AB	13-Jun-2014	
800m	2:10.32		Maria Bernard	93	CALTAF Track Classic	Calgary, AB	12-Jun-2011	
1500m	4:31.63		Maria Bernard	93	Western Canada Summer Games	Kamloops, BC	5-Aug-2011	
3000m	9:46.93		Maria Bernard	93	Jack Brow Memorial	Kelowna, BC	3-Jul-2011	
100m Hurdles	14.33	0.9	Alexandra Carruthers	00	Canadian Junior Championships	Ottawa, ON	6-Jul-2018	.84m
400m Hurdles	62.49		Kayti Simonson	89	Western Canada Summer Games	Sherwood Park, AB	8-Aug-2007	.76m
3000m SC	11:03.74		Maria Bernard	93	Western Canada Summer Games	Kamloops, BC	5-Aug-2011	
High Jump	1.85m		Whitney Evans	80	Canada Summer Games	Brandon, MB	16-Aug-1997	
Pole Vault	2.80m		Morgan Kravtsov	98	Calgary Spring Challenge & CE	Calgary, AB	15-May-2016	

Long Jump	5.73m	1.4	Madison Mayr	01	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	
Triple Jump	11.66m	NA	Whitney Evans	80	ASAA Provincial Championships	Edmonton, AB	14-Jun-1997	
Junior - 19 and under								
100m	12.27	1.8	Zophie Kindrachuk	98	Calgary Spring Challenge & CE	Calgary, AB	15-May-2016	
200m	25.35	1.6	Madison Evans	96	ASAA Provincial Championships	Calgary, AB	7-Jun-2013	
400m	56.08		Charlotte Terek	96	Calgary Spring Challenge & CE	Calgary, AB	9-May-2015	
800m	2:10.32		Maria Bernard	93	CALTAF Track Classic	Calgary, AB	12-Jun-2011	
1500m	4:21.45		Maria Bernard	93	Harry Jerome Track Classic	Burnaby, BC	10-Jun-2012	
3000m	9:46.93		Maria Bernard	93	Jack Brow Memorial	Kelowna, BC	3-Jul-2011	
5000m	18:15.14		Sarah Caine	86	Jack Brow Memorial	Kelowna, BC	2-Jul-2005	
10000m	38:48.80		Sarah Caine	86	Jack Brow Memorial	Kelowna, BC	2-Jul-2005	
100m Hurdles	14.33	0.9	Alexandra Carruthers	00	Canadian Junior Championships	Ottawa, ON	6-Jul-2018	.84m
400m Hurdles	1:01.41		Charlotte Terek	96	Western Canada Summer Games	Wood Buffalo, AB	11-Aug-2015	.76m
3000m SC	11:03.74		Maria Bernard	93	Western Canada Summer Games	Kamloops, BC	5-Aug-2011	
High Jump	1.85m		Whitney Evans	80	Canada Summer Games	Brandon, MB	16-Aug-1997	
Pole Vault	2.80m		Morgan Kravtsov	98	Calgary Spring Challenge & CE	Calgary, AB	15-May-2016	
Long Jump	5.73m	1.4	Madison Mayr	01	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	
Triple Jump	11.66m	NA	Whitney Evans	80	ASAA Provincial Championships	Edmonton, AB	14-Jun-1997	
Shot Put	10.48m		Whitney Evans	80	NCAA Championships	Boise, ID	4-Jun-1999	4kg
Javelin Throw	37.21m		Whitney Evans	80	NCAA Championships	Boise, ID	4-Jun-1999	600g
Heptathlon	5579 pts**		Whitney Evans	80	NCAA Championships	Boise, ID	4-Jun-1999	
	14.51 (3.7), 1.81, 10.48, 25.04 (1.2), 5.77 (3.4), 37.21, 2:18.90							
Senior - 35 and under								
200m	25.35	1.6	Madison Evans	96	ASAA Provincial Championships	Calgary, AB	7-Jun-2013	
400m	56.08		Charlotte Terek	96	Calgary Spring Challenge & CE	Calgary, AB	9-May-2015	
100m Hurdles	14.43	-1.1	Katelyn Slessor	98	Canadian Junior Championships	Edmonton, AB	10-Jul-2016	.84m
High Jump	1.86m		Whitney Evans	80	Pomona-Pitzer Invitational	Claremont, CA	15-Apr-2003	
Shot Put	11.16m		Whitney Evans	80	Baldy Castillo Invitational	Tempe, AZ	22-Mar-2001	4kg
Javelin Throw	39.60m		Whitney Evans	80	Pac-10 Multi Championships	Berkley, CA	19-May-2001	600g
Heptathlon	5579 pts		Whitney Evans	80	NCAA Championships	Boise, ID	4-Jun-1999	
	14.51 (3.7), 1.81, 10.48, 25.04 (1.2), 5.77 (3.4), 37.21, 2:18.90							
	* denotes Provincial Record							
	** denotes Canadian Record (at that time)							

Calgary Warriors Outdoor Club Records Boys/Men

As of: 12-Aug-2018

	Record	Wind	Athlete	YoB	Meet	Location	Date	Specs
Pee Wee - 11 and under								
Long Jump	3.91m	NA	Sheldon Seymour	91	Rocky Mountain Relays	Lethbridge, AB	1-Jun-2002	
Shot Put	6.57m		Sheldon Seymour	91	Rocky Mountain Relays	Lethbridge, AB	1-Jun-2002	2kg
			NA = Not Available					
			NWI = No Wind Indicated					
Bantam - 12 and under								
80m	11.93	3.7	Bryn Samuel	04	CALTAF Track Classic	Calgary, AB	17-Jun-2016	
80m	12.02	-0.6	Bryn Samuel	04	Sherwood Park Track Classic	Sherwood Park, AB	2-Jul-2016	
150m	21.66	1.4	Bryn Samuel	04	Sherwood Park Track Classic	Sherwood Park, AB	2-Jul-2016	
600m	1:46.02		Bryn Samuel	04	Sherwood Park Track Classic	Sherwood Park, AB	2-Jul-2016	
800m	2:29.13		Bryn Samuel	04	CALTAF Track Classic	Calgary, AB	17-Jun-2016	
1200m	4:05.60		Lucas Krayacich	03	Calgary Spring Challenge & CE	Calgary, AB	9-May-2015	
80m Hurdles	15.69		David Holm	86	Jack Brow Memorial	Kelowna, BC	26-Jun-1998	.76m
80m Hurdles	15.24	-1.4	Bryn Samuel	04	Sherwood Park Track Classic	Sherwood Park, AB	2-Jul-2016	.69m
200m Hurdles	38.73	-3.9	Payton Price	00	Calgary Spring Challenge & CE	Calgary, AB	12-May-2012	
High Jump	1.20m		Bryn Samuel	04	CALTAF Track Classic	Calgary, AB	17-Jun-2016	
Long Jump	3.96m		Bryn Samuel	04	Sherwood Park Track Classic	Sherwood Park, AB	2-Jul-2016	
Shot Put	6.43m		Payton Price	00	CALTAF Track Classic	Calgary, AB	8-Jun-2012	3kg
Discus Throw	16.33m		Payton Price	00	Calgary Spring Challenge & CE	Calgary, AB	12-May-2012	750g
Javelin Throw	21.50m		Bryn Samuel	04	Sherwood Park Track Classic	Sherwood Park, AB	2-Jul-2016	400g
Bantam - 13 and under								
80m	10.70	-0.9	Scott MacKay	96	Alberta Outdoor Championships	Edmonton, AB	4-Jul-2009	
80m	10.70		Brian Akalonu	04	Calgary Spring Challenge & CE	Calgary, AB	13-May-2017	
150m	19.50	-0.6	Scott MacKay	96	CALTAF Track Classic	Calgary, AB	12-Jun-2009	
600m	1:43.95		Bryn Samuel	04	CALTAF Track Classic	Calgary, AB	13-May-2017	
800m	2:19.51		Ryan Smeeton	98	Jack Brow Memorial	Kelowna, BC	2-Jul-2011	
1200m	3:39.91		Ryan Smeeton	98	Jack Brow Memorial	Kelowna, BC	3-Jul-2011	
80m Hurdles	13.44	-1.0	Scott MacKay	96	CALTAF Track Classic	Calgary, AB	13-Jun-2009	.76m
200m Hurdles	34.62	-8.5	Ryan Smeeton	98	Calgary Spring Challenge & CE	Calgary, AB	14-May-2011	.76m
High Jump	1.58m		Mark MacEachen	93	Rocky Mountain Relays	Lethbridge, AB	10-Jun-2006	
Long Jump	4.81m	2.0	Zackary Poirier	03	New Balance Athletic Series #2	Calgary, AB	31-May-2015	
Triple Jump	9.76m	0.9	Zackary Poirier	03	New Balance Athletic Series #3	Calgary, AB	7-Jul-2015	
Shot Put	9.05m		Scott MacKay	92	CALTAF Track Classic	Calgary, AB	13-Jun-2009	3kg
Discus Throw	18.98m		Scott MacKay	92	Alberta Outdoor Championships	Edmonton, AB	4-Jul-2009	750g
Javelin Throw	18.13m		Brian Akalonu	04	New Balance Athletic Series #1	Calgary, AB	20-May-2017	
Ball Throw	34.70m		Mark MacEachen	93	Senior-Juv-Ban-PW Championships	Calgary, AB	7/15/2006	
Midget - 14 and under								
100m	11.96	1.2	Kai Spierenburg	99	Sherwood Park Track Classic	Sherwood Park, AB	20-Jul-2013	
100m	11.96	0.4	Tope Toriola	04	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	
150m	19.50	-0.6	Scott MacKay	96	CALTAF Track Classic	Calgary, AB	12-Jun-2009	
200m	24.41	1.6	Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	14-Jun-2013	
300m	38.13		Kai Spierenburg	99	Sherwood Park Track Classic	Sherwood Park, AB	20-Jul-2013	
400m	58.99		Paul Sands	94	Provincial Outdoor Championships	Calgary, AB	June 28, 2008	
800m	2:08.74		Scott MacKay	96	CALTAF Track Classic	Calgary, AB	18-Jun-2010	
1200m	3:24.36		Ryan Smeeton	98	CALTAF Track Classic	Calgary, AB	8-Jun-2012	
2000m	5:59.82		Ryan Smeeton	98	Western Canadian Championships	Medicine Hat, AB	14-Jul-2012	
3000m	10:08.79		Ryan McKay	85	Jack Brow Memorial	Kelowna, BC	25-Jun-1999	
100m Hurdles	14.58	-0.6	Tope Toriola	04	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	.84m
200m Hurdles	27.36	0.8	Kai Spierenburg	99	Sherwood Park Track Classic	Sherwood Park, AB	20-Jul-2013	.76m
300m Hurdles	45.05		Brad Gerber	80	Jack Brow Memorial	Kelowna, BC	July 1, 1994	.84m
1500m St/Ch	4:44.41		Ryan Smeeton	98	SAC/Alberta Outdoor Championships	St. Albert, AB	23-Jun-2012	.76m
High Jump	1.80m		Mark MacEachen	93	Calgary Spring Challenge	Calgary, AB	19-May-2007	
Pole Vault	2.05m		David Holm	86	Alberta Legion Camp	Calgary, AB	18-Jul-2000	
Long Jump	6.08m*	1.0	Zackary Poirier	02	Airdrie Twilight	Airdrie, AB	20-Jul-2016	
Triple Jump	12.21m*	0.0	Zackary Poirier	02	Western Canadian Championships	Regina, SK	13-Jul-2016	
Shot Put	11.21m		Daniel Haig	92	New Balance Athletic Series #2	Calgary, AB	23-May-2006	4kg
Javelin Throw	24.01m		Zackary Poirier	02	New Balance Athletic Series #1	Calgary, AB	May 29, 2016	600g

Midget - 15 and under

100m	11.69	0.5	Kai Spierenburg	99	New Balance Athletic Series #1	Calgary, AB	25-May-2014	
150m	18.72	-1.0	Sam Crouch	02	New Balance Athletic Series #2	Calgary, AB	28-May-2017	
200m	23.72	-2.9	Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	13-Jun-2014	
300m	37.00		Kai Spierenburg	99	Western Tri-Province Meet	Saskatoon, SK	18-Jul-2014	
400m	52.41		Kai Spierenburg	99	New Balance Athletic Series #3	Calgary, AB	June 8, 2014	
800m	2:01.12		Winston Clarke	02	Canadian Youth/Midget Championships	Brandon, MB	13-Aug-2017	
1200m	3:18.97		Winston Clarke	02	Canadian Youth/Midget Championships	Brandon, MB	11-Aug-2017	
2000m	5:59.82*		Ryan Smeeton	98	Western Canadian Championships	Medicine Hat, AB	14-Jul-2012	
100m Hurdles	13.70*	1.3	Kai Spierenburg	99	Sherwood Park Track Classic	Sherwood Park, AB	12-Jul-2014	.84m
200m Hurdles	25.77	1.5	Kai Spierenburg	99	Sherwood Park Track Classic	Sherwood Park, AB	12-Jul-2014	.76m
300m Hurdles	42.36		Brad Gerber	80	Provincial Outdoor Championships	Calgary, AB	7/--/1995	.84m
1500m St/Ch	4:36.50		Matthew Hopkins	02	Sherwood Park Track Classic	Sherwood Park, AB	22-Jul-2017	.76m
High Jump	1.80m		Mark MacEachen	93	Calgary Spring Challenge	Calgary, AB	19-May-2007	
Pole Vault	2.40m		James Albers	98	Jack Brow Memorial	Kelowna, BC	28-Jun-2013	
Long Jump	6.23m	1.1	Zackary Poirier	02	Canadian Youth/Midget Championships	Brandon, MB	13-Aug-2017	
Triple Jump	12.86m*	-0.1	Zackary Poirier	02	Canadian Youth/Midget Championships	Brandon, MB	11-Aug-2017	
Shot Put	11.21m		Daniel Haig	92	New Balance Athletic Series #2	Calgary, AB	23-May-2006	4kg
Javelin Throw	24.01m		Zackary Poirier	02	New Balance Athletic Series #1	Calgary, AB	May 29, 2016	600g

Youth - 16 and under

100m	11.05	2.0	Matthew Reckord	95	CALTAF Track Classic	Calgary, AB	11-Jun-2011	
200m	22.91	-0.6	Kai Spierenburg	99	ASAA Provincial Championships	Lethbridge, AB	6-Jun-2015	
400m	50.32		Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	20-Jun-2015	
800m	1:59.83		Mihai Prajea	91	ASAA Provincial Championships	Medicine Hat, AB	2-Jun-2007	
1000m	3:09.23		Brian Turnbull	86	Alberta Outdoor CE Championships	Calgary, AB	12-May-2002	
1500m	4:05.87		Ryan Russell	88	Alberta Legion Camp	Calgary, AB	5-Jul-2004	
3000m	8:59.36		Ryan McKay	85	ASAA Provincial Championships	Edmonton, AB	6-Jun-2001	
5000m	17:23.73		Matthew Galea	94	CALTAF Track Classic	Calgary, AB	13-Jun-2009	
110m Hurdles	15.10	-1.3	Ryan Wright	02	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	.91m
300m Hurdles	41.10		Matthew Reckord	95	CALTAF Track Classic	Calgary, AB	June 10, 2011	.84m
400m Hurdles	54.54*		Kai Spierenburg	99	Jack Brow Memorial	Kelowna, BC	27-Jun-2015	.84m
2000m St/Ch	7:03.97		Graham Ross	96	SAC/Alberta Outdoor Championships	St. Albert, AB	23-Jun-2012	.84m
High Jump	1.80m		Garrett McNaull	85	HS City Championships	Calgary, AB	2-Jun-2001	
	1.80m		Mark MacEachen	93	Calgary Spring Challenge	Calgary, AB	19-May-2007	
Pole Vault	3.20m		James Albers	98	Sherwood Park Track Classic	Sherwood Park, AB	12-Jul-2014	
Long Jump	6.23m	1.1	Zackary Poirier	02	Canadian Youth/Midget Championships	Brandon, MB	13-Aug-2017	
Triple Jump	12.86m*	-0.1	Zackary Poirier	02	Canadian Youth/Midget Championships	Brandon, MB	11-Aug-2017	
Shot Put	10.06m		Dima Kagan	86	Alberta Legion Camp	Calgary, AB	16-Jul-2003	5kg
Discus Throw	29.32m		Alistar McQueen	91	Alberta Outdoor Championships	Edmonton, AB	6/23/2007	1.5kg
Javelin Throw	43.22m		Brett Nishikawa	89	CALTAF Track Classic	Calgary, AB	18-Jun-2005	700g

Youth - 17 and under

100m	11.05	2.0	Matthew Reckord	95	CALTAF Track Classic	Calgary, AB	11-Jun-2011	
200m	22.91	-0.6	Kai Spierenburg	99	ASAA Provincial Championships	Lethbridge, AB	6-Jun-2015	
400m	50.32		Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	20-Jun-2015	
800m	1:58.08		Mihai Prajea	91	ASAA Provincial Championships	Calgary, AB	30-May-2008	
1000m	3:03.28		Brian Turnbull	86	Alberta Legion Camp	Calgary, AB	16-Jul-2003	
1500m	3:59.99		Ryan McKay	85	National Legion Championships	Sherbrooke, QB	17-Aug-2002	
3000m	8:46.85		Ryan McKay	85	Jack Brow Memorial	Kelowna, BC	29-Jun-2002	
5000m	17:23.73		Matthew Galea	93	CALTAF Track Classic	Calgary, AB	13-Jun-2009	
110m Hurdles	15.10	-1.3	Ryan Wright	02	Sherwood Park Track Classic	Sherwood Park, AB	29-Jul-2018	.91m
300m Hurdles	41.10		Matthew Reckord	95	CALTAF Track Classic	Calgary, AB	June 10, 2011	.84m
400m Hurdles	54.43		David Holm	86	Alberta Legion Camp	Calgary, AB	16-Jul-2003	.84m
2000m St/Ch	7:00.99		Cody Crook	95	SAC/Alberta Outdoor Championships	St. Albert, AB	23-Jun-2012	.84m
High Jump	1.93m		Mark MacEachen	93	Alberta Outdoor Championships	St. Albert, AB	26-Jun-2010	
Pole Vault	3.65m		James Albers	98	New Balance Athletic Series #3	Calgary, AB	7-Jun-2015	
Long Jump	6.40m	NA	Brian Turnbull	86	ASAA HS Provincials	Camrose, AB	6-Jun-2003	
Triple Jump	12.86m	-0.1	Zackary Poirier	02	Canadian Youth/Midget Championships	Brandon, MB	11-Aug-2017	
Shot Put	12.09m		Garrett McNaull	85	Alberta Outdoor Championships	Calgary, AB	5-Jul-2002	5kg
Discus Throw	29.32m		Alistar McQueen	91	Alberta Outdoor Championships	Edmonton, AB	23-Jun-2007	1.5kg
Javelin Throw	43.22m		Brett Nishikawa	89	CALTAF Track Classic	Calgary, AB	18-Jun-2005	700g

Junior - 18 and under

100m	11.05	2.0	Matthew Reckord	95	CALTAF Track Classic	Calgary, AB	11-Jun-2011	
200m	22.73	1.6	Joel Jackson	83	Canadian Junior Championships	Calgary, AB	29-Jul-2001	
400m	50.32		Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	20-Jun-2015	
800m	1:55.50		David Holm	86	Jack Brow Memorial	Kelowna, BC	3-Jul-2004	
1000m	2:36.13		Mihai Prajea	91	2e avondinstuif	Heiloo, NED	31-Jul-2009	
1500m	3:57.04		Ryan McKay	85	Jack Brow Memorial	Kelowna, BC	27-Jun-2003	
3000m	8:36.43		Ryan McKay	85	Mt. SAC Relays	Walnut, CA	18-Apr-2003	
5000m	15:17.10		Ryan McKay	85	Alberta Outdoor Championships	Edmonton, AB	21-Jun-2003	
110m Hurdles	15.50	NA	Greg Moore	85	Jack Brow Memorial	Kelowna, BC	27-Jun-2003	.99m
110m Hurdles	15.65	0.0	Dima Kagan	86	CALTAF Track Classic	Calgary, AB	19-Jun-2004	.99m
110m Hurdles	14.87	0.0	Dima Kagan	86	ASAA Provincial Championships	Calgary, AB	4-Jun-2004	.91m
400m Hurdles	55.28		Mihai Prajea	91	Canadian Junior Championships	Charlottetown, PEI	17-Jul-2009	.91m
Pole Vault	4.10m		James Albers	98	ASAA Provincial Championships	Edmonton, AB	4-Jun-2016	
Long Jump	6.56m	1.5	Brian Turnbull	86	Alberta Outdoor Championships	Calgary, AB	25-Jun-2004	
Triple Jump	13.03m	0.5	Brian Turnbull	86	CALTAF Track Classic	Calgary, AB	19-Jun-2004	

Junior - 19 and under

100m	11.05	2.0	Matthew Reckord	95	CALTAF Track Classic	Calgary, AB	11-Jun-2011	
200m	22.57	-1.1	Cory Minton	91	Sherwood Park Track Classic	Sherwood Park, AB	9-Jul-2010	
400m	50.32		Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	20-Jun-2015	
800m	1:51.82		David Holm	86	Canadian Junior Championships	Montreal, QB	8-Jul-2005	
1500m	3:57.04		Ryan McKay	85	Jack Brow Memorial	Kelowna, BC	27-Jun-2003	
3000m	8:36.43		Ryan McKay	85	Mt. SAC Relays	Walnut, CA	18-Apr-2003	
5000m	15:04.89		Ryan McKay	85	Pomona-Pitzer Invitational	Claremont, CA	16-Apr-2004	
110m Hurdles	15.50	NA	Greg Moore	85	Jack Brow Memorial	Kelowna, BC	27-Jun-2003	.99m
400m Hurdles	55.28		Mihai Prajea	91	Canadian Junior Championships	Charlottetown, PEI	17-Jul-2009	.91m
Pole Vault	4.10m		James Albers	98	ASAA Provincial Championships	Edmonton, AB	4-Jun-2016	
Long Jump	6.62m	1.9	Brian Turnbull	86	Alberta Outdoor Championships	Calgary, AB	25-Jun-2005	
Triple Jump	13.03m	0.5	Brian Turnbull	86	CALTAF Track Classic	Calgary, AB	19-Jun-2004	

Senior - 35 and under

100m	10.29	0.2	Oluseyi Smith	87	New Balance Athletic Series #3	Calgary, AB	7-Jul-2015	
400m	50.32		Kai Spierenburg	99	CALTAF Track Classic	Calgary, AB	20-Jun-2015	
800m	1:49.84		David Holm	86	CALTAF Track Classic	Calgary, AB	12-Jun-2011	
1500m	3:51.67		David Holm	86	EIU Big Blue Classic	Charleston, IL	4-Apr-2008	
5000m	15:04.89		Ryan McKay	85	Pomona-Pitzer Invitational	Claremont, CA	16-Apr-2004	
Triple Jump	13.24m	-0.7	Corey Minton	91	New Balance Athletic Series #2	Calgary, AB	21-May-2011	

Masters - 35 +

200m	24.97	-0.6	Matthew Townlwy-Smith	82	Alberta Championships	Calgary, AB	14-Jul-2018	M35
800m	2:21.68		Erwann Lemenager	72	New Balance Athletic Series #1	Calgary, AB	4-May-2013	M40
3000m	10:39.95		Erwann Lemenager	72	New Balance Athletic Series #3	Calgary, AB	2-Jun-2013	M40
5000m	18:32.58		Erwann Lemenager	72	Sherwood Park Track Classic	Sherwood Park, AB	20-Jul-2013	M40
Long Jump	5.47m	1.8	Matthew Townlwy-Smith	82	Alberta Championships	Calgary, AB	14-Jul-2018	M35

* denotes Provincial Record

updated: 10-Sep-2018